

## FCE HOA POOL RULES

### *General*

- ⊖ All members must have current membership status and current emergency information on file in the pool office
- ⊖ Patrons are responsible for personal items and trash generation
- ⊖ Patrons may not engage in lengthy conversation with lifeguards on duty
- ⊖ **Within Arm Reach of Parent- Water Wings or U.S.C.G. Approved Life Vests** are the **ONLY flotation devices permitted in main pools for artificial support**
- ⊖ NO flotation devices permitted in the diving well
- ⊖ NO pool entry by use of ladders (rare exceptions for physically handicapped persons)
- ⊖ Individual radios, tape/CD players or other types of audio players ARE permitted if used in conjunction with ear phones or headsets and must be operated at a low level which is not objectionable to others

### *Unaccompanied Children 10 Years and Under*

- ⊖ Children age 10 and below can be unaccompanied at the pool provide they have colleted a basic swim test administered by a member of the lifeguard staff. The test consists of:
  - Swimming a length of the pool
  - Backfloating for one continuous minute
  - Treading water for one continuous minute
- ⊖ Parents must remember that the FCE pool is not a daycare facility, and if a child is misbehaving or not following the FCE pool rules, the parent will be called to remove the child.

### *Items prohibited in pool or pool area*

- ⊖ Snorkels and swim fins- only permitted during uncrowded conditions (fins cannot be worn on deck) with approval of lifeguard(s)
- ⊖ Swim masks - only tempered or safety glass masks permitted (must be imprinted on mask) and only in uncrowded conditions with approval of lifeguard(s)
- ⊖ Balls - “nerf” type only and only in uncrowded conditions with approval of lifeguard(s)
- ⊖ Rafts - generally not permitted; lifeguard(s) may only permit under very restrictive conditions or on “raft nights”
- ⊖ Glass containers
- ⊖ Cigarettes, cigars, pipes, smokeless tobacco

### *Games/Actions Prohibited*

- ⊖ Sitting or standing on shoulders or backs of other swimmers
- ⊖ Chicken fights, wrestling, or horseplay
- ⊖ Tossing of objects to individuals entering the pool from the deck area
- ⊖ Back-flips or back-dives off pool side
- ⊖ Back-flips off or standing on another swimmers shoulders while in water
- ⊖ Any game involving running on the pool diving well
- ⊖ Games infringing on other’s use or enjoyment of the facility
- ⊖ Spitting, spouting of water, or blowing of noses into the pool or onto pool deck
- ⊖ Gum chewing, chewing tobacco, or smoking in the pool or on the pool deck
- ⊖ Hanging, pulling, or tugging on lane ropes or demarcation lines

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- ⊖ Swimming across designated lap lane(s)

### *Wading Pool*

- ⊖ **No lifeguards are posted at the wading pool.** Supervision of children at the wading pool is the responsibility of the parent or designated baby-sitter. Children **cannot** be left unattended in this area and the parent/baby-sitter must remain within the fenced wading pool area with children at all times. The lifeguards **ARE NOT** baby-sitters
- ⊖ **Children in the Wading Pool Area must be supervised** by a responsible person 14 years of age or older
- ⊖ **Sanitary Requirements.** Children **not completely toilet trained** must wear tight fitting **heavy rubberized training pants** over cloth diapers. No dispensable diapers are allowed in pool
- ⊖ **Toddlers Without Swim Suits** are not allowed in the pool
- ⊖ **The Maximum Age** for admission to the wading pool is 6 years of age

### *Diving Well*

- ⊖ **NOTE: Beginning in the 2006 swimming season, only one person at a time may dive into the diving well, and ONLY if the diving well is clear of the prior diver. NO SHARKS AND MINNOWS!!**

The diving well is the area where most serious pool accidents may occur. It is imperative that lifeguards pay particularly close attention to this area. Certain safety practices (in addition to common sense) must be strictly followed to ensure the maintenance of a safe diving environment. These include the following:

- ⊖ **NO** running prior to diving into well
- ⊖ **NO** goggles, flippers, water wings, or other flotation devices shall be worn in the diving well
- ⊖ **NO** toys or game accessories may be carried in the diving well
- ⊖ Only one person may dive into the diving well at a time, and only after the diving well is clear of any swimmers/divers.
- ⊖ The next diver may dive until the previous diver has reached the ladder and completely cleared the diving well
- ⊖ Swimmers unable to pass a swim test (typically consisting of, at a minimum, competently swimming at least one full length of the pool without stopping and treading water continuously for at least one minute) may not use the diving well
- ⊖ Parents (or anyone) can only be in the diving well to “catch” or assist others going off the deep end if approved by the lifeguard on duty overseeing the diving well

### *Behavior Constituting Immediate Ejection*

- ⊖ **Failure to obey ANY lifeguard instructions/directions**
- ⊖ **Profanity to a staff member or patron**
- ⊖ **Pushing someone into the pool**
- ⊖ **Under the influence of alcohol or drugs**

Updated: 7 August 2007